

Blenday

Post your **Blenday** recipes with
#myblenday and get featured
on our social media

 **Blendaypads**

 **Blendaypads**

blendaypads.com

Try these recipes:

easy & good

1 **Blenday** pad

1 banana

400 ml almond milk

advanced & delicious

1 **Blenday** pad

1 banana

1 handful of spinach

1 tsp of chia seeds

1 small cucumber

1 kiwi

100 ml water

Follow us on Instagram for more
recipes and inspiration: @Blendaypads

Blenday

Green Detox

Daily blendable
superfood pads

SUPPORT YOUR IMMUNITY WITH
ROSEHIP, GINGER, CAMU-CAMU & ACEROLA

14
PADS

Ingredients / Koostis:

EST: Kibuvitsapulber (40%), aroonapulber (40%), Camu-Camu pulber (10%),
Acerola pulber (10%), ingveripulber (5%), mustikapulber, pektiin, glütseriin
ENG: Rosehip powder (40%), aroonia powder (40%), camu camu powder (10%),
acerola powder (10%), ginger powder (5%), blueberry powder, pectin, glycerin

Best before / Parim enne:

 -20°C -30°C





KAAS

kõrgus 55mm

laotus

379x399

Supplement Facts
(USA)

Amount per serving
Serving size: 1 pad (10g)

Total Fat	0.08 g	0.1%
Saturated Fat	0.01 g	0.00%
Total Carbohydrate	5.8 g	2%
Total Sugars	2.5 g	5%
Dietary Fiber	3.6 g	13%
Protein	0.35 g	0.7%
Sodium	0 g	100%
Vitamin C	100 mg	100%

Ingredients: Pyllium Powder (60%), Chia Seeds (25%), Aloe Vera Powder (5%), Turmeric Powder (3%), Pectin, Glycerin, Blue Spirulina Powder, Coconut Flour, Activated Carbon

Nutrition facts / Toitumisalaane teave
(European Union)

100g 10 g (1 Pad)

Energy / Energiasisaldus	1332kJ / 318kcal	133.2kJ / 31.8kcal
Fats / Rasvad	0.9 g	0.09 g
- of which saturated / - midaest küllastunud rasvade	0.1g	0.01 g
Carbohydrates / Süsivesikud	5.8 g	0.58 g
- of which sugars / - midaest suhkrud	2.5 g	0.25 g
Fiber / Kiudained	3.6 g	0.36 g
Protein / Valgu	0.35 g	0.035 g
Salt / Sool	0.04 g	0.004 g
Vitamin C / Vitamiin C	5120 mg	512 mg

% Percentages of nutrient reference value (% NRV) / Protsentide keskmine viitväärtuste tasakaalustamine
Recommended daily intake 10g (1 pad) / Soovitatav päevane tarbimine: 10g (1 pad)

1. Throw 1 pad into your smoothie

2. Blend

3. Enjoy

how to use Blenday

Superfoods come in many forms, but **plant-based blendable pillows** are surely the most innovative. Blenday combines **convenience, eco-friendliness** and **high-quality superfood**. Mix Blenday into smoothies together with your favourite ingredients to keep your daily vitamin and mineral levels in check.